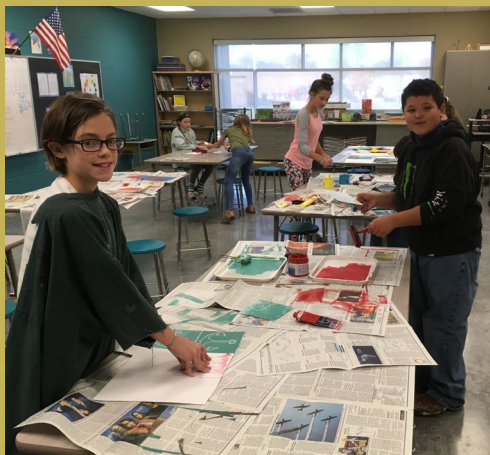
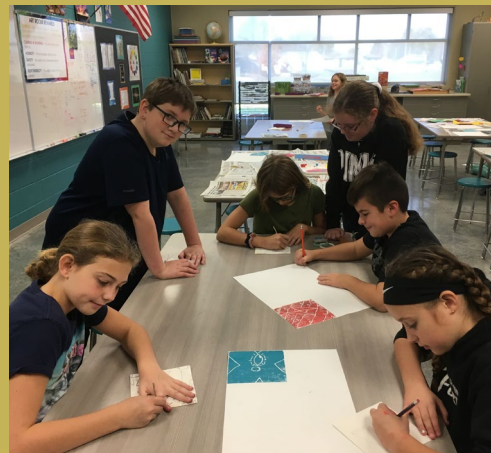
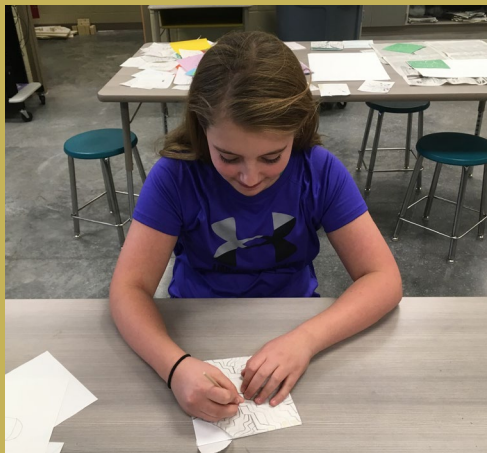
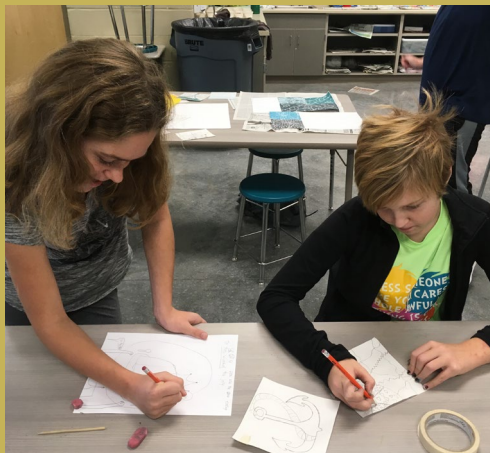


# Hawk Happenings

A monthly publication of the Woodward-Granger Community School District

December 2018



The students in 5th grade ELP Art class learned about printmaking in Oct. and Nov. These photos show the young artists completing the different steps in making an art print.





## Letter from the Superintendent

By W-G Superintendent  
Brad Anderson

'Tis the season for tradition, family and reflection. For the last 13 years I have been a proud member WG community school district and every year I take extra time to appreciate the opportunity to serve our communities. As part of this reflection, I would like to take a moment to wish each a everyone a safe, happy and healthy holiday season. I hope you all enjoy the time with your loved ones as everyone at WG will be looking forward to serving you in 2019.

Some highlights to look forward to in 2019 include but are not limited to:

- Continued student academic opportunity beyond the walls of the physical classroom
- New State Assessment called (ISASP)-Iowa Statewide Assessment of Student Progress
- Facilities and demographics study completed and presentation of data used in District planning
- PTO events/family activities
- Concerts, plays and competitions along with Athletic, Music/ Art events
- Graduation in May

We are looking forward to 2019 and all it has to offer. We continue to invite you to be a big part of it. Season's greetings to you and yours.

Brad Anderson  
Superintendent

Woodward-Granger CSD

515-999-8022

[bradanderson@wghawks.school](mailto:bradanderson@wghawks.school)

HAPPY  
HOLIDAYS

# Goodbye to Iowa Assessments

By Ryan Wise  
Iowa Department of Education Director

I mentioned in my welcome back message to kick off the 2018-19 school year, new years bring new opportunities. This is especially true for education in Iowa in the year ahead.

One of the most anticipated opportunities is the development and implementation of a new statewide assessment, the Iowa Statewide Assessment of Student Progress (ISASP). This new suite of summative assessments in reading, language and writing, and math in grades 3-11

and in science in grades 5, 8, and 10 are created by Iowa Testing Programs (ITP) at the University of Iowa and will be delivered and supported by Pearson. The Iowa Department of Education will be a collaborative partner by helping to identify and address the needs of education stakeholders as Iowa implements this new assessment.

As we gear up for the launch of the ISASP in March please note that your school is currently preparing for a successful transition.

To learn more about ISASP please visit:  
<http://iowa.pearsonaccessnext.com/>

## W-G Needs Substitute Teachers and Bus Drivers

By Brad Anderson  
W-G Superintendent

The Woodward-Granger CSD is seeking qualified substitute teachers, activity bus drivers and substitute route drivers. In an effort to be highly competitive the Woodward-Granger CSD Board of Directors recently voted to raise the substitute teacher pay to \$130/day and will offer a \$250 bonus for certified individuals that work a minimum of 25 days in the

District. This offering will take effect on January 1st, 2019.

In addition, the District is willing to pay for all bus driver related licensure requirements and will offer a competitive salary with bonus incentives to anyone interested in pursuing driving for the District.

If you have additional questions about either of these positions please contact the Central Office at 515-999-8022 or at [brandemilosevich@wghawks.school](mailto:brandemilosevich@wghawks.school).

### IMPORTANT DECEMBER DATES

#### December 6th

TK/K Concert 6:00 p.m.  
1st Grade Concert 7:15 p.m.

#### December 10th

HS Instrumental/Vocal Concert 7:00 p.m.

#### December 18th

MS Vocal Concert 6:30 p.m.  
MS Instrumental Concert 7:30 p.m.

#### December 24th - January 2nd

Winter Vacation

#### January 3rd

Classes resume

## The BUSINESS EXPERIENCE Supports The Ronald McDonald House

The BUSINESS EXPERIENCE class is currently planning an event to support The Ronald McDonald House which is hosted by RAYGUN store downtown. The event is on December 2, 2018, from 1-3 pm. At this event, there will be cookies, hot chocolate, an appearance by Santa, and a food drive which goes directly to the house! RAYGUN is making shirts for this event and will have some at the store. Each shirt is \$15 with proceeds going to the house.



## Preschool Creates Turkeys with Granger Nursing and Rehab

One of our preschool classes teamed up with our business partner “Granger Nursing and Rehab”! Turkeys were made by all to decorate the facility for Thanksgiving! What a special day!!





## 5th Grade Artists Work to Improve Drawing Skills

The 5th grade art students have been working hard to better their observation and drawing skills. Mrs. Kruger has been teaching the students some of the drawing techniques from the book, *Drawing on the Right Side of the Brain* by Betty Edwards.

Drawing from an image that is upside down, pure contour and modified contour drawings of their hand are a few of the ways that the 5th graders have practiced & improved their drawing skills. Because the 5th graders are practicing, there were not any finished art pieces to display at Parent-

Teacher Conference time.

Soon the 5th grade Art students will begin to draw their second self portrait using the drawing techniques that they have learned. Their self portrait made before they learned these right brain drawing techniques will be displayed alongside their second self portrait. This will show the creative gains that each student has made as they've improved their drawing skills.

-Mrs. Kruger

## W-G High School Sends Two Representatives to Honor Squad

The Woodward-Granger High School Cheer squad sent two representatives to the 2018 Iowa Cheer Honor Squad at the UNI Dome. Senior Whitney Halferty and junior Juliette Sosa-Valle participated with over 250 other junior and senior cheerleaders from all across the



state. All of these athletes came together in Ames on Sunday, November 11th for an eight hour practice during which they learned a five minute cheer-dance routine. The squad then gathered on Thursday, November 15th for a four hour practice to finalize formations and clean up the routine in Cedar Falls. These many hours of practice were all working toward the two performances on Friday during the halftimes of the 1A and 2A Championship Football Games. Participants received a t-shirt, bow, certificate, and medal. WGHS is proud to have been represented by Whitney and Juliette. Their effort and love for the sport of cheerleading were evident throughout the practices and performances. Way to go, ladies!



## Middle School News

The middle school year is continuing to go well for us in grades six through eight. We have had some transitions to work through, but our staff has come together to brainstorm solutions to the barriers we've encountered and operations are running smoothly. We've taken teams to the MTSS (Multi-Tiered System of Supports) Academy and the PLC (Professional Learning Communities) conference in Des Moines, and now we are working at implementing our learning and planning for the rest of this year and the next. We are working in small teams and utilizing our AEA resources, and I'm excited to see the outcomes of our learning. With this work, we have really focused on data collection and using that to drive our decisions. The two areas we have been focusing most of our attention are in math and literacy. If you are a parent of a middle school student, you may have seen, or will see, changes to our math pathways because of what we are learning. Through this work, we believe student achievement will increase. We are grateful our teaching staff has been invested in this process and are flexible. We appreciate the support from home as well!

Below shows some recent student achievement data from our Fall FastBridge assessment:

Amath	Ave	Cut Score*	% Above Cut Score
6th grade	222	210	91
7th grade	228	210	92
8th grade	231	211	98

\*Cut score is for High Risk Indicator

Areading	Ave	Cut Score*	% Above Cut Score
6th grade	533	502	100
7th grade	539	504	94
8th grade	543	508	100

\*Cut score is for High Risk Indicator

We also recently took a look at our attendance data found:

- 42% of our students have not missed a single day of school
- 73% of students have missed 1 day or less
- 182 out of 191 students have missed less than 10% of the days of school so far.

We are seeing that our kids are coming to school very successfully, which is the first key to student learning in our MTSS system. Thanks to the parents in the huge role they play in this success!

The fall seasons went very well, and the winter seasons are off to a strong start. A little shoutout to our 8th grade girls - they haven't lost a contest yet this year in volleyball or basketball! Great job girls! Other building activities included a Veterans Day assembly where the 7th-grade choir and the 8th-grade band performed for our student body and community members. It was a moving performance by our talented students!

As we move from the Thanksgiving Holiday to winter break, we take time to reflect and be thankful for great students, staff, and community. IT'S GREAT TO BE A HAWK!

## Library News

Thank you for the outstanding support at this year's Fall Scholastic Book Fair. With over \$2000 in profits, we were able to purchase many books for the classrooms as well as both the ELC and Elementary libraries.

Thank you also for your generosity in purchasing books directly for your child's teachers. The teachers are so appreciative of your additions to their classroom libraries.



# HONOR ROLL

**\*\*Denotes 4.0 GPA**

**6th Grade A Honor Roll (1st Quarter)**

Abraham Bell  
 Alexis Bogardus  
 Landon Chambers  
 Chloe Daws  
 Chandler Drake  
 Sophie Emery  
 \*\*Avery Finestead  
 Tyler Fitch  
 Macey Fitzgerald  
 Keilayla Gregory  
 Boden Greiner  
 Taylor Headley  
 Jocelyn Honkomp  
 Joie Lantz  
 Quin Mahler-Moreno  
 Abigail Mentzer  
 Katherine Meusburger  
 Brinna Orr  
 Bradley Palmer  
 Hannah Parkinson  
 Cooper Petersen  
 Grant Polito  
 Lauren Rodgers  
 Madison Rodgers  
 \*\*Morgan Savage  
 Kainen Schirman  
 Sophie Smith  
 Caitlynn Tague  
 Jada Tague  
 Anna Weaver  
 Gretta Yingst  
 Sadie York

**6th Grade B Honor Roll (1st Quarter)**

Emma Agan  
 Andrew Anderson  
 Maxwell Behrens

Jocelyn Bowlsby  
 Emma Brighton  
 Maximus Dalton  
 Landon Devilbiss-Sholley  
 James Dorrian  
 James Flugge-Smith  
 Casey Foster  
 Tabor Lettow  
 Gavin McDivitt  
 Jacey Orman  
 Bryce Polich  
 Ava Reinking  
 Brady Seeman  
 Brady Stucker  
 Hannah Tolle

**7th Grade A Honor Roll (1st Quarter)**

Ella Bearbower  
 Molly Cue  
 Caelan Daniels  
 Tatum Greenough  
 \*\*Libby Grell  
 Gabby Griffin  
 Nikki Halferty  
 Kairi Hanson  
 Cela Hill  
 Jacob Hultman  
 Bryan Jesse  
 Cadence Klocke  
 Dillon Limoges  
 Taylor Noah  
 Oliver Potter  
 Claire Praska  
 Tanner Ramsey  
 Jaden Schmitt  
 Georgia Simmons  
 Avery Smith  
 Madeline Sus  
 Brock Tiernan

Blake Tuel  
 Gabrielle Younts  
**7th Grade B Honor Roll (1st Quarter)**  
 Mersaydes Burk  
 McKenna Carroll  
 Hayden Farmer  
 Sawyer Genkinger  
 Garrett Hansen  
 Ethan Jones  
 Danika Leuenberger  
 Nicholas Rees  
 Abigail Rosen  
 Samuel Sejnoha  
 Samantha Smith  
 Cooper Thielen  
 Sophia Thomas  
 Breonna Tolle

**8th Grade A Honor Roll (1st Quarter)**

\*\*Jenna Achenbach  
 Elijah Bell  
 Nicholas Bermel  
 Landon Bogardus  
 \*\*Kiley Brandsfield  
 Clayton Campidilli  
 \*\*Sophia Clark  
 Isabelle Coffin  
 \*\*Kara Crouse  
 Gracelyn Deputy  
 Mason Dorenkamp  
 \*\*Alayna Dunlavey  
 \*\*Ryan Fitch  
 \*\*Finley Fitzgerald  
 Kolby Fogarty  
 Eliana Gregory  
 Gretta Hansen  
 Kai Hemphill

\*\*Joshua Hultman  
 Benjamin Jesse  
 Madeline Mahoney  
 Dylan McCaulley  
 Elleana Meier  
 \*\*Lindsay Mescher  
 Ethan Moats  
 \*\*Carter Moran  
 Alexandra Orr  
 \*\*Dane Polich  
 \*\*Makenna Schmitt  
 \*\*Madison Schuler  
 Kaden Seeman  
 Audrey Simmons  
 Lilly J. Smith  
 Lily A. Smith  
 Phoenix Swinton  
 Marissa Trees  
 Trevor Tuel  
 \*\*Carsten Wright  
 Hailey York

**8th Grade B Honor Roll (1st Quarter)**

Brylee Bice  
 Natalie Castro  
 Jayden Flugge-Smith  
 Kailey Galbraith  
 Taryn Jackson  
 Charity Mickles  
 Brody Nardini  
 Gavyn Rothfus  
 Aydin Sholley  
 Abigail Weaver



In honor of Veteran's Day, the high school music department put together an assembly during advisory. One student, Kailie Beggs, wrote a poem in honor of the occasion.

Thank You

By: Kailie Beggs

Every single day people leave  
Their homes and risk their lives  
To serve us all, we the people  
Of America

America, the foundation of  
Bravery and strength, the soldiers  
Who have served each and every day  
Leaving their families, their homes, and  
Stepping out fearlessly into the war zone  
we owe all that we are  
To every soldier who served and every  
Soldier who died

Mothers cry in fear this may be the  
Last time they see their child alive,  
Children hold back tears not  
Knowing when they'll get to see their mom  
Or dad again, families barely hold themselves  
Together when receiving the news that  
America has lost another

We the people of America thank you,  
We set our differences aside to  
Respect you because you are no  
Longer just another soldier, you  
Are the base of what America believes in

You have given us the strength to  
Express what we believe in, the  
Power to embrace our differences  
The hope for our future, thank you  
Dear veteran, for giving us the right  
To be proud American Citizens,  
Because of you, our American  
Hearts swell with pride

For those who have passed,  
And those who've survived,  
America shall not live in fear,  
Because of every brave soldier  
Freedom lives here!



# GRANDWOOD NEWSLETTER

Grandwood will provide functional and transitional learning experiences in a positive and structured environment while advancing student independence.



## UPCOMING EVENTS

05- Tiger Bowl (Green)  
07- Tiger Bowl (Gold)  
10- Wal-Mart (Gold)  
14-Movie (Gold)  
17- Bass Pro Shop (Gold)  
12/24/18-1/2/19- Winter  
Break

## DECEMBER REMINDERS

Please contact your student's teacher for specific details.

Winter Break  
12/24/18-1/2/19

Grandwood Fundraiser:  
Shutterfly has partnered up with Lifetouch for an exclusive fundraising opportunity for schools. For every purchase through our Shutterfly Storefront they will donate 8% back to our school!

Anyone can shop! Please spread the word!

Shop now  
at <http://grandwood.shutterflystorefront.com/>

# Grandwood Talent Show



*"My cheeks hurt from smiling so much, they all did a wonderful job." - Nurse Kristi*

Grandwood's Annual Talent Show was held on November 20th. Fifteen students signed up to show their favorite talent. Thirteen of the students chose to sing a favorite song. A dance and skit were preformed also. The students practiced very hard leading up to the talent show and all the hard work was enjoyable to see.



Grandwood would like to thank all of the staff, friends and family that attended to watch our students preform. A special thank you to all the students who showed courage to participate in the Talent Show.



Woodward-Granger 2018-19 Multiple Activities Schedule  
(as of 11-26-2018)

Activity	Time	Versus	Location	Location Detail	Comments
<b>SATURDAY, DEC 01, 2018</b>					
<b>Wrestling: Varsity Tournament</b>	<b>9:00am</b>	<b>Colfax-Mingo, Coon Rapids Bayard, Martensdale-St Mary's, Roland-Story, Southeast Warren, West Des Moines Valley</b>	<b>Woodward-Granger High School</b>	High School Gym	
<b>MONDAY, DEC 03, 2018</b>					
Basketball: Boys Middle School Game	4:00pm	West Central Valley	West Central Valley Middle School		
<b>Basketball: Girls Middle School Game</b>	<b>4:00pm</b>	<b>West Central Valley</b>	<b>Woodward Granger Middle School</b>	Middle School Gym	
<b>Basketball: Girls JV Game</b>	<b>6:00pm</b>	<b>Earlham</b>	<b>Woodward-Granger High School</b>		
<b>Basketball: Boys JV Game</b>	<b>7:15pm</b>	<b>Earlham</b>	<b>Woodward-Granger High School</b>		
<b>TUESDAY, DEC 04, 2018</b>					
<b>Basketball: Boys Freshman Game</b>	<b>4:30pm</b>	<b>Earlham</b>	<b>Woodward-Granger High School</b>		
Wrestling: Varsity Quad	5:30pm	Montezuma Community, Ogden, Perry Community, Woodward-Granger	Montezuma High School		
<b>Basketball: Girls Varsity Game</b>	<b>6:00pm</b>	<b>Earlham</b>	<b>Woodward-Granger High School</b>		
<b>Basketball: Boys Varsity Game</b>	<b>7:30pm</b>	<b>Earlham</b>	<b>Woodward-Granger High School</b>	High School Gym	
<b>WEDNESDAY, DEC 05, 2018</b>					
Early Dismissal	2:15pm				
<b>THURSDAY, DEC 06, 2018</b>					
Basketball: Girls Middle School Game	4:00pm	Panorama	Panorama High School		
<b>Basketball: Boys Middle School Game</b>	<b>4:00pm</b>	<b>Panorama</b>	<b>Woodward Granger Middle School</b>	Middle School Gym	
Basketball: Boys Freshman Game	6:00pm	West Des Moines Valley	Valley Southwoods Freshman High School		DH - 6pm and 7:15pm
Early Learning Center	6:30pm				Transitional Kindergarten and Kindergarten Concerts in the Elementary Gym
Early Learning Center	7:15pm				1st Grade Concert in the Elementary Gym

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**FRIDAY, DEC 07, 2018**

<b>Basketball: Boys JV Game</b>	<b>4:30pm</b>	<b>West Central Valley</b>	<b>Woodward-Granger High School</b>	
Wrestling: JV Tournament	5:00pm	Saydel Community Schools	Saydel High School	
<b>Basketball: Girls Varsity Game</b>	<b>6:00pm</b>	<b>West Central Valley</b>	<b>Woodward-Granger High School</b>	
<b>Basketball: Boys Varsity Game</b>	<b>7:30pm</b>	<b>West Central Valley</b>	<b>Woodward-Granger High School</b>	High School Gym

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**SATURDAY, DEC 08, 2018**

HS Instrumental Music				Jazz Band : SCIBA at Winterset High School
Wrestling: Varsity Tournament	10:00am	Webster City	Webster City High School	

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**MONDAY, DEC 10, 2018**

<b>Basketball: Girls Middle School Game</b>	<b>4:00pm</b>	<b>Southeast Valley</b>	<b>Woodward Granger Middle School</b>	Middle School Gym
Basketball: Boys Middle School Game	4:00pm	Southeast Valley	Southeast Valley	
<b>Basketball: Boys Freshman Game</b>	<b>6:00pm</b>	<b>Gilbert</b>	<b>Woodward-Granger High School</b>	DH - 6pm and 7:15pm
HS Vocal Music	7:00pm			High School Band and Choir Winter Concert in the Auditorium
HS Instrumental Music	7:00pm			High School Band and Choir Winter Concert in the Auditorium

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**TUESDAY, DEC 11, 2018**

Wrestling: Middle School Tournament	4:30pm	Saydel Middle	Saydel High School	
Basketball: Girls Varsity Game	6:00pm	Interstate 35	Interstate 35 High School	
Basketball: Boys JV Game	6:00pm	Interstate 35	Interstate 35 High School	Will play in a separate gym at 6pm prior to Varsity boys game.
Basketball: Boys Varsity Game	7:30pm	Interstate 35	Interstate 35 High School	
Basketball: Girls JV Game	7:30pm	Interstate 35	Interstate 35 High School	Played in separate gym at 7:30pm after varsity

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**WEDNESDAY, DEC 12, 2018**

Early Dismissal	2:15pm			
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**THURSDAY, DEC 13, 2018**

Wrestling: Varsity Quad	5:30pm	Bondurant-Farrar, Ballard, Interstate 35, Woodward-Granger	Bondurant-Farrar	
Basketball: Girls JV Game	6:00pm	Ogden	Ogden High School	
Basketball: Boys JV Game	7:15pm	Ogden	Ogden High School	

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**FRIDAY, DEC 14, 2018**

Basketball: Boys Freshman Game	4:30pm	Ogden	Ogden High School
Basketball: Girls Varsity Game	6:00pm	Ogden	Ogden High School
Basketball: Boys Varsity Game	7:30pm	Ogden	Ogden High School

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**SATURDAY, DEC 15, 2018**

Wrestling: Varsity WCAC Tournament	9:00am	Ogden, AC/GC, Interstate 35, Panorama, Pleasantville, Van Meter, West Central Valley, Woodward-Granger	Ogden High School
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**MONDAY, DEC 17, 2018**

<b>Basketball: Boys Middle School Game</b>	<b>TBD</b>	<b>Ankeny Christian Academy</b>	<b>Woodward Granger Middle School</b>	Middle School Gym	1 boys game at 4:15pm and 1 girls game at 5:15pm
<b>Basketball: Girls Middle School Game</b>	<b>5:15pm</b>	<b>Ankeny Christian Academy</b>	<b>Woodward Granger Middle School</b>	Middle School Gym	1 boys game at 4:15pm and 1 girls game at 5:15pm.
<b>Basketball: Girls Varsity Game</b>	<b>6:00pm</b>	<b>Greene County</b>	<b>Woodward-Granger High School</b>		
<b>Basketball: Boys Varsity Game</b>	<b>7:30pm</b>	<b>Greene County</b>	<b>Woodward-Granger High School</b>	High School Gym	

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**TUESDAY, DEC 18, 2018**

Wrestling: Varsity Triangular	TBD	PCM, Newton, Woodward-Granger	PCM High School		
Basketball: Boys Freshman Game	4:30pm	Madrid	Madrid High School		
Basketball: Girls Varsity Game	6:00pm	Madrid	Madrid High School		
MS Vocal Music	6:30pm				Middle School Choir Winter Concert in the Auditorium
Basketball: Boys Varsity Game	7:30pm	Madrid	Madrid High School		
MS Instrumental Music	7:30pm				Middle School Winter Band Concert ** Note time change to 7:30

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**WEDNESDAY, DEC 19, 2018**

High School					High School Semester 1 Final Tests
Early Dismissal	2:15pm				

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**THURSDAY, DEC 20, 2018**

High School					High School Semester 1 Final Tests
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**FRIDAY, DEC 21, 2018**

High School

High School  
Semester 1  
Final Tests

**Basketball: Girls JV Game 4:30pm Pleasantville**

**Woodward-Granger High School**

**Basketball: Boys JV Game 4:30pm Pleasantville**

**Woodward Granger Middle School**

Game will be  
played in the  
middle  
school gym

**Basketball: Girls Varsity Game 6:00pm Pleasantville**

**Woodward-Granger High School**

**Basketball: Boys Freshman Game 6:00pm Pleasantville**

**Woodward Granger Middle School**

**Basketball: Boys Varsity Game 7:30pm Pleasantville**

**Woodward-Granger High School**

High School  
Gym

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**MONDAY, DEC 24, 2018**

WGCS D

No School -  
Winter Break

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**TUESDAY, DEC 25, 2018**

WGCS D

No School -  
Winter Break

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**WEDNESDAY, DEC 26, 2018**

WGCS D

No School -  
Winter Break

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**THURSDAY, DEC 27, 2018**

WGCS D

No School -  
Winter Break

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**FRIDAY, DEC 28, 2018**

WGCS D

No School -  
Winter Break

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**MONDAY, DEC 31, 2018**

WGCS D

No School -  
Winter  
Break-  
Classes  
Resume  
1/3/19



Don't Forget  
to Eat Your  
Vegetables

# Woodward-Granger Breakfast Menu

Fresh Vegetable Choices and Seasonal Fruit are Offered Daily  
on the Fruit and Vegetable Bar

December  
2018

## MONDAY

26

## TUESDAY

27

## WEDNESDAY

28

## THURSDAY

29

## FRIDAY

3

Cinnamon Roll

Choice of Cereal  
Graham Crackers

Vegetable Selection  
Canned Fruit  
1% Milk

Muffin of the Day

Choice of Cereal  
Graham Crackers

Vegetable Selection  
Apple Juice  
1% Milk

Pancake on a Stick

Choice of Cereal  
Graham Crackers

Vegetable Selection  
Fresh Fruit  
1% Milk

Bagel and Cream Cheese

Choice of Cereal  
Graham Crackers

Vegetable Selection  
Orange Juice  
1% Milk

Long John

Choice of Cereal  
Graham Crackers

Vegetable Selection  
Fresh Fruit  
1% Milk

Breakfast Pizza

Choice of Cereal  
Graham Crackers

Vegetable Selection  
Canned Fruit  
1% Milk

Breakfast Sandwich

Choice of Cereal  
Graham Crackers

Vegetable Selection  
Apple Juice  
1% Milk

Pancake or French Toast

Choice of Cereal  
Graham Crackers

Vegetable Selection  
Fresh Fruit  
1% Milk

Pop Tart

Choice of Cereal  
Graham Crackers

Vegetable Selection  
Orange Juice  
1% Milk

Long John

Choice of Cereal  
Graham Crackers

Vegetable Selection  
Fresh Fruit  
1% Milk

Cinnamon Roll

Choice of Cereal  
Graham Crackers

Vegetable Selection  
Canned Fruit  
1% Milk

Muffin of the Day

Choice of Cereal  
Graham Crackers

Vegetable Selection  
Apple Juice  
1% Milk

Pancake on a Stick

Choice of Cereal  
Graham Crackers

Vegetable Selection  
Fresh Fruit  
1% Milk

Bagel with Cream Cheese

Choice of Cereal  
Graham Crackers

Vegetable Selection  
Orange Juice  
1% Milk

Long John

Choice of Cereal  
Graham Crackers

Vegetable Selection  
Fresh Fruit  
1% Milk

24

25

26



Regular	\$2.85
Reduced	\$ .40
Adult	\$3.70
Extra Milk	\$ .50

### HARVEST OF THE MONTH



### EXTRA INFO

Milk Choice of 1%, Skim or Chocolate  
Skim is included with Lunch.  
Entree Salads are served with a Dinner Roll.  
For Questions or Comments, contact Meladee  
Steele at 515-438-2115 ext 5129  
or email meladeesteele@wghawks.school





Don't Forget  
to Eat Your  
Vegetables

# Woodward-Granger ELC and Elementary

Fresh Vegetable Choices and Seasonal Fruit are Offered Daily  
on the Fruit and Vegetable Bar

December  
2018

## MONDAY

26

## TUESDAY

27

## WEDNESDAY

28

## THURSDAY

29

## FRIDAY

3

Crispy Chicken Nuggets

Chef Salad

Corn

Muffin

French Toast Sticks  
Sausage Patty

Deli Sandwich

Breakfast Potatoes

Ravioli with Meat Sauce  
Garlic Bread

Chef Salad

Green Beans

Grilled Cheese Sandwich  
Vegetable Beef Soup

Deli Sandwich

Crackers

Cheese Pizza

Yogurt Pak with Bagel

Cucumber Ranch Salad

**HOM Cabbage**

Sloppy Joe on a Bun

Chef Salad

Tots  
Coleslaw

Cheese Omelet  
Cinnamon Roll

Deli Sandwich

Cinnamon Sweet-Apples

Crispy Chicken Sandwich

Chef Salad

Waffle Fries

Mini Corn Dogs

Deli Sandwich

Mixed Vegetables  
Homemade Brownie

Taco Pizza

Chef Salad

Lettuce/Tomato/ Salsa

**Happy Birthday Mr. B**

Pigs in a Blanket

Chef Salad

Baked Beans  
Cookie Decorating  
(elementary only)

Popcorn Chicken  
Biscuit and Jelly

Deli Sandwich

Mashed Potatoes

Walking Taco

Chef Salad

Lettuce, Tomato and Salsa

Cheese Omelet  
Pancakes

Deli Sandwich

Hashbrown Potatoes

Pizza Munchable (Pepperoni,  
Sauce,Cheese and Flatbread)

No Second Choice

Lettuce  
Ice Cream

24

25

26



Regular	\$2.85
Reduced	\$ .40
Adult	\$3.70
Extra Milk	\$ .50

### HARVEST OF THE MONTH



### EXTRA INFO

Milk Choice of 1%, Skim or Chocolate  
Skim is included with Lunch.  
Entree Salads are served with a Dinner Roll.  
For Questions or Comments, contact Meladee  
Steele at 515-438-2115 ext 5129  
or email meladeesteele@wghawks.school







Don't Forget  
to Eat Your  
Vegetables

# Grandwood Lunch Menu

Fresh Vegetable Choices and Seasonal Fruit are Offered Daily  
on the Fruit and Vegetable Bar

December  
2018

## MONDAY

26

## TUESDAY

27

## WEDNESDAY

28

## THURSDAY

29

## FRIDAY

3

3

Crispy Chicken Nuggets  
Mashed Potatoes  
Whole Grain Dinner Roll

Chef Salad

4

Beefy Nachos with Cheese  
Corn

Deli Sandwich

5

Cheeseburger on Bun  
Green Beans

Deli Sandwich

6

Philly Steak Sandwich  
Golden French Fries

Deli Sandwich

7

Crispy Chicken Sandwich  
Golden French Fries

Chef Salad

10

French Toast Sticks  
Omelet  
Potato Wedges

Chef Salad

11

Soft Beef Tacos  
Refried Beans

Deli Sandwich

12

Popcorn Chicken Bowl  
Whole Grain Dinner Roll

Chef Salad

13

Lasagna Rollup with Sauce  
Garlic Breadstick

Deli Sandwich

HOM Sage 14

Pulled Pork Sandwich  
Sage Parmesan Pasta

Chef Salad

HOM Cabbage 17

Corn Dog  
Coleslaw

Chef Salad  
Sugar Cookie

18

Baja Fish Tacos  
Cilantro Lime Rice

Deli Sandwich

19

Crispy Chicken Leg  
Mashed Potatoes  
Whole Grain Dinner Roll

Chef Salad

LTO 20

Beef/Lamb Gyro with Greek  
Salad

Deli Sandwich

21

Ravioli with Meat Sauce  
Green Peas  
Garlic Breadstick

Chef Salad

24

25

26

Regular	\$3.00
Reduced	\$ .40
Adult	\$3.70
Extra Entree	\$2.65
Extra Milk	\$ .50

### HARVEST OF THE MONTH

### EXTRA INFO

Milk Choice of 1%, Skim or Chocolate  
Skim is included with lunch.  
Entree Salads are served with a Dinner Roll.  
For questions or comments, contact Meladee  
Steele at 515-438-2115 ext 5129  
or email meladeesteele@wghawks.school



Remember to eat  
Your Fruits  
& Vegetables

# Woodward-Granger Middle School / High School Lunch Menu

## December 2018

### 3 MONDAY

**Classic Cafe** Crispy Chicken Nuggets, Mashed Potatoes, Whole Grain Dinner Roll

**Diner Station** BBQ Rib Sandwich

**Grab and Go** Deli Sandwich, Chef Salad

### 6 THURSDAY

**Classic Cafe** Philly Steak Sandwich, Golden French Fries

**Pizza** Cheese Pizza, Pepperoni Pizza, Sausage Pizza

**Grab and Go** Deli Sandwich, Chef Salad

### 4 TUESDAY

**Classic Cafe** Beefy Nachos with Cheese, Corn

**Pizza** Cheese Pizza, Pepperoni Pizza, Sausage Pizza

**Grab and Go** Deli Sandwich, Chef Salad

### 7 FRIDAY

**Classic Cafe** Pasta with two choices of sauces and two choices of meat, Green Peas, Garlic Breadstick

**Diner Station** "Fry Friday" Fries with your chicken patty sandwich

**Grab and Go** Deli Sandwich, Chef Salad

### 5 WEDNESDAY

**Classic Cafe** Chicken Parmesan, Green Beans, Garlic Toast

**Diner Station** Cheeseburger on Bun

**Grab and Go** Deli Sandwich, Chef Salad

### EXTRA INFO

### Harvest of the Month



Milk choice of 1%, Skim or Chocolate Skim is included with lunch.

For questions or comments, contact the Food Service Director at [meladeesteele@wghawks.school](mailto:meladeesteele@wghawks.school), or call 515-438-2115 ext 5129

Menus are subject to change without notice. This institution is an equal opportunity provider.





Remember to eat  
Your Fruits  
& Vegetables

# Woodward-Granger Middle School / High School Lunch Menu

## December 2018

10

MONDAY

**Classic Cafe** Cheese Omelet, French Toast Sticks, Potato Wedges

**Diner Station** Crispy Chicken Nuggets, Whole Grain Dinner Roll

**Grab and Go** Deli Sandwich, Chef Salad

13

THURSDAY

**Classic Cafe** Lasagna Rollup with Sauce, Caesar Salad, Garlic Breadstick

**Pizza** Cheese Pizza, Pepperoni Pizza, Sausage Pizza

**Grab and Go** Deli Sandwich, Chef Salad

11

TUESDAY

**Classic Cafe** Soft Shell and Hard Shell Tacos, Refried Beans

**Pizza** Cheese Pizza, Pepperoni Pizza, Sausage Pizza

**Grab and Go** Deli Sandwich, Chef Salad

14

FRIDAY

**Harvest of the Month** Sage

**Classic Cafe** Pulled Pork Sandwich, Sage Parmesan Pasta

**Diner Station** Fry Friday- Fries with your Chicken Patty sandwiches

**Grab and Go** Deli Sandwich, Chef Salad

12

WEDNESDAY

**Classic Cafe** Popcorn Chicken Bowl, Whole Grain Dinner Roll

**Diner Station** Cheeseburger on Bun

**Grab and Go** Deli Sandwich, Chef Salad, Beef Taco Salad

EXTRA INFO

Harvest of the Month 



Milk choice of 1%, Skim or Chocolate Skim is included with lunch.

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Remember to eat  
Your Fruits  
& Vegetables

# Woodward-Granger Middle School / High School Lunch Menu

## December 2018

17

MONDAY

- Harvest of the Month** Cabbage
- Classic Cafe** Corn Dog, Coleslaw, Cookie
- Diner Station** Crispy Chicken Nuggets, Whole Grain Dinner Roll
- Grab and Go** Deli Sandwich, Chef Salad

20

THURSDAY

- LTO** Beef/Lamb Gyro with Greek Salad
- Pizza** Cheese Pizza, Sausage Pizza, Pepperoni Pizza
- Grab and Go** Deli Sandwich, Chef Salad

18

TUESDAY

- Classic Cafe** Baja Fish Tacos, Cilantro Lime Rice
- Pizza** Cheese Pizza, Pepperoni Pizza, Sausage Pizza
- Grab and Go** Deli Sandwich, Chef Salad

21

FRIDAY

- Classic Cafe** Ravioli with Meat Sauce, Garlic Breadstick, Green Peas
- Diner Station** Crispy Chicken Sandwich
- Grab and Go** Deli Sandwich, Chef Salad

19

WEDNESDAY

- Classic Cafe** Crispy Chicken Legs, Mashed Potatoes, Corn
- Diner Station** Cheeseburger on Bun
- Grab and Go** Deli Sandwich, Chef Salad

EXTRA INFO



Milk choice of 1%, Skim or Chocolate Skim is included with lunch.  
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# HEALTHY to a "T"

December 2018

## Harvest of the Month

Cabbage



### FUN FACTS:

This low-calorie vegetable is a nutritional powerhouse! It is an excellent source of fiber, Vitamin C and Vitamin K, which aid in healing wounds and protecting the heart.

It is one of the oldest vegetables of the world. The most common varieties include:

- Green ~ used in traditional coleslaw
- Napa ~ commonly used in Asian cooking
- Red ~ often used in German and Swedish recipes
- Savoy ~ favorite for Italian cuisine



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## CABBAGE The Underestimated Vegetable

Cabbage is often overlooked when it comes to its health benefits. Cabbage is part of the powerhouse brassica or cruciferous family, which includes broccoli, cauliflower, and kale. It comes in a variety of colors and shapes and is the main ingredient in sauerkraut, kimchi, and coleslaw.

Let's review the scientific findings surrounding the health benefits cabbage provides.

- **Excellent Source of Vitamins C and K:** Important nutrients to fight off diseases and promote the necessary clotting of blood. Did you know one cup of cabbage has as much Vitamin C as an orange!
- **Improves Digestion:** Loaded with fiber and is a natural probiotic, cabbage helps keep your gut healthy which protects your immune system.
- **Helps Reduce Inflammation:** The antioxidants found in cabbage have been found to reduce chronic inflammation associated with heart disease, rheumatoid arthritis and many other causes for inflammation.

Cabbage is often not thought of as a healthy food. However, it is full of vitamins C and K, helps lower the risk of certain diseases, improves digestion, combats inflammation and is easy to add to your diet. Let's make room on our plate for the powerhouse cabbage!

Melanie Wirth, RDN, LD, MBA  
Corporate Dietitian, Taher, Inc.

## HARVEST OF THE MONTH RECIPE—DECEMBER

### Braised Cabbage Apple Bacon

Yield: 4 servings

- 2 slices thick cut bacon
- 3 c chopped green cabbage
- 3 c chopped red cabbage
- 1 c chopped yellow onion
- 1 c Braeburn apple, skin on, chopped
- 1 c Granny Smith apple, skin on, chopped
- 3 Tbs balsamic vinegar
- 3/4 tsp black pepper
- 1/8 tsp kosher salt

1. Chop bacon into small chunks and cook in a large saucepan for 5 minutes.
2. Add the chopped green and red cabbage, and chopped onion.
3. Simmer for 20 minutes, covered.
4. Add the chopped apples, balsamic vinegar, salt, and pepper.
5. Simmer for another 5 minutes.
6. Serve and Enjoy!

**NUTRITION SNAPSHOT ~ 1 serving**  
 102 calories, 2g total fat, .5g sat. fat, 0g trans fat,  
 155mg sodium, 20g carbohydrate, 4g fiber  
 2.5mg cholesterol, 3g protein



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## Woodward-Granger CSD

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Woodward, Iowa 50276

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## ELC Students Working in STEM Class



## Woodward-Granger Board of Education

These are the Board members who represent the stakeholders in our district:

Ashley Brandt - President  
Jennifer Benbow - Vice President  
Tim Bogardus - Director

David Elliott - Director  
Troy Janssen - Director

## Thank You

*to these individuals who serve our district.*

Woodward-Granger Community School District not to discriminate on the basis of race, color, national origin, sex, disability, religion, creed, age (for employment), marital status (for programs), sexual orientation, gender identity and socioeconomic status (for programs) in its educational programs and its employment practices. There is a grievance procedure for processing complaints of discrimination. If you have questions or a grievance related to this policy please contact: **Rebekka Maass, 1251 334th Street Woodward, Iowa 50276, (515) 438-3240 or rebekkamaass@wghawks.school** or to the Chicago Office, Office for Civil Rights, U.S. Department of Education, Citigroup Center, 500 West Madison Street, Suite 1475, Chicago, IL, 60661, and (312) 730-1560.