

Woodward-Granger
Middle School / High School
LUNCH MENU



January
2022

FOOD4LIFE® APP • All the MENUS and more! • DOWNLOAD NOW

MONDAY

THURSDAY 6

Classic Café Beef Hotdog on a Bun, Golden Crinkle Cut French Fries

Grab & Go Yogurt Pak with Pretzel Bites

Diner Station Taco Flat Bread Pizza

Hot Vegetable

TUESDAY 4

FRIDAY 7

Classic Café Taco Bar, Lettuce, Tomato and Cheese

Grab & Go Fiesta Salad, Whole Grain Dinner Roll

Diner Station BBQ Pulled Pork, Chips

Hot Vegetable

Classic Café Breakfast Burrito

Grab & Go Cheeseburger on a Bun

Pizza Parlor Pizza

Sub Station Build Your Own Sub

Hot Vegetable

WEDNESDAY 5

EXTRA INFO

Classic Café Lasagna, Whole Grain Dinner Roll

Grab & Go Caesar Salad, Whole Grain Dinner Roll

Diner Station Corn Dog

Pizza Parlor Pizza

Sub Station Build Your Own Sub

Harvest of the Month 



Milk choice of 1%, Skim or Chocolate Skim is included with lunch.

For questions or comments, contact Chef Molly at:
mollyrowe@wghawks.school
Or call: 515-438-2115 ext. 5129

Menus are subject to change without notice. This institution is an equal opportunity provider.



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10

MONDAY

Classic Café Grilled Cheese Sandwich,
Homemade Tomato Soup

Grab & Go Turkey BLT Wrap

Pizza Parlor Pizza

Sub Station Build Your Own Sub

Hot Vegetable

11

TUESDAY

Classic Café Chicken Taquito

Grab & Go Chef Salad, Whole Grain
Dinner Roll

Diner Station Fish Sandwich with Cheese

Hot Vegetable

12

WEDNESDAY

Classic Café Chicken Alfredo w/Pasta, Whole
Grain Dinner Roll

Grab & Go Fiesta Munchable

Pizza Parlor Pizza

Sub Station Build Your Own Sub

Hot Vegetable

13

THURSDAY

Classic Café Crispy Chicken Patty, Spicy Chicken
Patty on Bun

Grab & Go Honey Mustard Ham Wrap

Diner Station BBQ Rib Sandwich

Hot Vegetable

14

FRIDAY

Classic Café Waffle Bar, Variety of
Toppings

Pizza Parlor Pizza

Sub Station Build Your Own Sub

Hot Vegetable

Harvest of the Month 



GRAPEFRUIT

BROCCOLI

CORN

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MONDAY

Classic Café Goulash, Whole Grain Dinner Roll

Grab & Go Chicken Caesar Wrap

Pizza Parlor Pizza

Sub Station Build Your Own Sub

Hot Vegetable

18

TUESDAY

Classic Café Creamy Chicken Enchilada

Grab & Go Turkey BLT Salad, Whole Grain Dinner Roll

Diner Station Cheesy Italian Flatbread

Hot Vegetable

19

WEDNESDAY

Classic Café Pasta with Meat Sauce, Whole Grain Dinner Roll

Grab & Go Chef Salad, Whole Grain Dinner Roll

Pizza Parlor Pizza

Sub Station Build Your Own Sub

Hot Vegetable

20

THURSDAY

Classic Café Hamburger on a Bun

Grab & Go Pizza Munchable

Diner Station Chicken Ciabatta

Hot Vegetable

21

FRIDAY

Classic Café Breakfast Flatbread, Tri Tater

Pizza Parlor Pizza

Sub Station Build Your Own Sub

Hot Vegetable

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Classic Café Macaroni & Cheese, Whole Grain Dinner Roll

Grab & Go Turkey Ranch Wrap

Pizza Parlor Pizza

Sub Station Build Your Own Sub

Hot Vegetable

25

TUESDAY

Classic Café Beefy Nachos w/Cheese Sauce

Grab & Go Cold Cut Combo Sub

Diner Station Pretzel Bites w/Cheese Cubes

Hot Vegetable

26

WEDNESDAY

Classic Café Chicken & Noodles, Mashed Potatoes

Grab & Go Turkey Munchable

Pizza Parlor Pizza

Sub Station Build Your Own Sub

Hot Vegetable

27

THURSDAY

Classic Café Fiesta Mex Lasagna, Whole Grain Dinner Roll

Grab & Go Cobb Salad, Whole Grain Dinner Roll

Diner Station Fish Sticks, Whole Grain Dinner Roll

Hot Vegetable

28

FRIDAY

Classic Café French Toast Sticks, Tri Tater, Sausage Patty

Pizza Parlor Pizza

Sub Station Build Your Own Sub

Hot Vegetable

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MONDAY

Classic Café Popcorn Chicken, Mashed Potatoes, Gravy

Grab & Go Chef Salad, Whole Grain Dinner Roll

Pizza Parlor Pizza

Sub Station Build Your Own Sub

Hot Vegetable

THURSDAY

TUESDAY

FRIDAY

WEDNESDAY

EXTRA INFO

Harvest of the Month 



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